










JUNE
- THRU -
AUGUST

WHAT'S IN SEASON

BAY AREA PENINSULA & SOUTH BAY

FRUIT



apricots  JUL	cherries	peaches
apriums  JUN	figs  JUN	pears  AUG
avocados	grapes  JUL	plums
berries (all varieties)	loquats  JUN	tomatillos  JUN
cactus pears	melons  JUN	tomatoes  JUN
	nectarines	

VEGGIES

artichokes  JUN	fava bean  JUL	peas
bell peppers  JUL	green beans  JUN	radishes
celery	horseradish	rhubarb  JUL
chile peppers	mushrooms	scallions
corn  JUN	okra  JUN	shallots  JUL
cucumbers  JUN	olives  AUG	summer squash  JUN
eggplant  JUN	onions	

HERBS

basil
cilantro
lemongrass

 Start Season
 End Season



- local dining guides
- farmers market guide
- seasonal recipes

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